



# WORLD PHYSIOTHERAPY AWP REGIONAL CONFERENCE 2026

Fitness for All: Empowering Communities, Building Inclusive health

26<sup>th</sup> - 27<sup>th</sup> September, 2026

Yashobhoomi Convention Centre, New Delhi, India

**Cultural Brochure**  
**#wpawp2026**

Host: The Indian Association of Physiotherapists (IAP)

Supported By: World Physiotherapy | Asia Western Pacific Region |  
Government of India Ministries

[www.wpawp2026.org](http://www.wpawp2026.org) | [#wpawp2026](https://twitter.com/wpawp2026)

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Cultural Activities

## ACTIVITIES

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## CATEGORIES

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## ACTIVITIES

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Online Reel Competition



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Scan Code to register for  
Cultural Competitions

**Conference Registration is Compulsory for participating in  
Cultural Competitions**

**Last Date to register for cultural: 28<sup>th</sup> February 2026**

# *Fashion Show*

Walk the Wellness Way

## **Eligibility**

UG, PG Students & Professionals

## **Description of Activity**

### **Objective**

Showcase physiotherapy and wellness through costumes and performances.

### **Team/Individual**

Group of 6–12

### **Rules & Format**

6–8 min theme-based performance, costumes must align with theme

### **Judging Criteria**

Creativity, Stage Presence, Coordination, Adherence to Theme



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# Group Dance

Folk / Contemporary / Fusion

## **Eligibility**

UG, PG Students

## **Description of Activity**

### **Objective**

Team performance celebrating diversity and cultural unity through dance.

### **Team/Individual**

Group of 6–12

### **Rules & Format**

5–7 min performance; props allowed (self-arranged), pre-recorded music required

### **Judging Criteria**

Synchronization, Energy, Creativity, Coordination



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# Global Parade

Global Physiotherapy / Cultural Representation

## **Eligibility**

UG, PG Students & Professionals

## **Description of Activity**

### **Objective**

Teams represent countries or global themes showcasing cultural diversity and unity.

### **Team/Individual**

Institute team of 10–20

### **Rules & Format**

8–10 min performance, costumes, placards, props allowed

### **Judging Criteria**

Theme relevance, presentation, creativity, professionalism



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# Flash Mob Challenge

Physiotherapy Public Awareness

## **Eligibility**

UG, PG Students

## **Description of Activity**

### **Objective**

Public performance raising physiotherapy awareness in common areas.

### **Team/Individual**

Group of 10–25

### **Rules & Format**

5–7 min duration, performed in approved public area, music/props allowed

### **Judging Criteria**

Impact, coordination, professionalism, crowd engagement



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# Physio Slam

## **Eligibility**

UG, PG Students

## **Description of Activity**

### **Objective**

Creative speaking event where participants present self-composed physiotherapy-related experiences or concepts, showcasing originality and insight.

### **Team/Individual**

Team of 2–4

### **Rules & Format**

Original, self-composed English content on physiotherapy, 3–4 mins per team

### **Judging Criteria**

Creativity, Clarity, Relevance, Confidence, Delivery



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# Extempore

Role of Physiotherapy

## Eligibility

UG, PG Students

## Description of Activity

### Objective

Tests spontaneity and subject knowledge through an impromptu speaking event.

### Team/Individual

Individual

### Rules & Format

Topic given on spot, 2 mins prep + 3 mins speaking, no external aids

### Judging Criteria

Content Accuracy, Coherence, Fluency, Confidence



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# *Ad-Made Show*

Healthcare Awareness / Physiotherapy Promotion

## **Eligibility**

UG, PG Students

## **Description of Activity**

### **Objective**

Teams create short skits or advertisements promoting physiotherapy awareness or healthcare campaigns.

### **Team/Individual**

3–6 participants

### **Rules & Format**

4–6 min duration, props allowed (self-arranged), content must be appropriate

### **Judging Criteria**

Creativity, Clarity, Impact, Teamwork



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# Youth Parliament

Health Policies & Physiotherapy Rights

## **Eligibility**

UG, PG Students

## **Description of Activity**

### **Objective**

Simulation of parliamentary sessions to discuss physiotherapy policies and rights.

### **Team/Individual**

6–10 participants

### **Rules & Format**

15–20 mins, each member must speak, maintain parliamentary etiquette

### **Judging Criteria**

Relevance, Articulation, Decorum, Teamwork



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# Think Tank (Idea Pitching)

Innovation in Physiotherapy

## **Eligibility**

UG, PG Students & Early Professionals

## **Description of Activity**

### **Objective**

Teams pitch innovative ideas or solutions to improve physiotherapy practice, education, or technology.

### **Team/Individual**

Team of 2–4

### **Rules & Format**

Submit abstract (250 words), 5 min pitch + 2 min Q&A, use PPT/poster

### **Judging Criteria**

Innovation, Feasibility, Clarity, Presentation



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# PhysioFit Challenge

## **Eligibility**

UG, PG Students & Professionals

## **Description of Activity**

### **Objective**

A physical fitness event testing strength, endurance, and balance among physiotherapists.

### **Team/Individual**

Individual

### **Rules & Format**

Fitness tests (planks, squats, push-ups, balance, endurance), gender-wise categories

### **Judging Criteria**

Performance Consistency, Stamina, Safety, Form



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# Online Reel Competition

Fitness for All / Physiotherapy Awareness

## **Eligibility**

UG, PG Students

## **Description of Activity**

### **Objective**

Create short digital videos to raise awareness on physiotherapy, fitness, or health tips.

### **Team/Individual**

Individual/Duo

### **Rules & Format**

30–90 sec reel, original content only, submit before deadline

### **Judging Criteria**

Creativity, Clarity, Engagement, Originality



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