



World
Physiotherapy
Asia Western
Pacific region

WORLD PHYSIOTHERAPY AWP REGIONAL CONFERENCE 2026

Fitness for All: Empowering Communities, Building Inclusive Health

26th – 27th September, 2026

Yashobhoomi Convention Centre, New Delhi, India

Cultural Competitions

Host: The Indian Association of Physiotherapists (IAP)

Supported by: World Physiotherapy | Asia Western Pacific Region |
Government of India Ministries

LIST OF CULTURAL ACTIVITIES

Categories

Cultural Activities

Activities

Fashion Show
Group Dance
Global Parade
Flash Mob Challenge

Categories

Student Forum Activities

Activities

Physio Slam
Extempore
Ad-Made Show
Youth Parliament
Think Tank (Idea Pitching)
PhysioFit Challenge
Online Reel Competition



Click here or Scan QR-code
to register



Click here or Scan QR-code to
register for Cultural Competitions

Conference registration is compulsory
for participating in cultural competitions

Last date to register for culturals: 30th January, 2026

Fashion Show

Walk the Wellness Way

Eligibility

UG, PG Students & Professionals

Description of Activity

Objective

Showcase physiotherapy and wellness through costumes and performances.

Team/Individual

Group of 6–12

Rules & Format

6–8 min theme-based performance, costumes must align with theme

Judging Criteria

Creativity, Stage Presence, Coordination, Adherence to Theme



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Group Dance

Folk / Contemporary / Fusion

Eligibility

UG, PG Students

Description of Activity

Objective

Team performance celebrating diversity and cultural unity through dance.

Team/Individual

Group of 6–12

Rules & Format

5–7 min performance; props allowed (self-arranged), pre-recorded music required

Judging Criteria

Synchronization, Energy, Creativity, Coordination



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Global Parade

Global Physiotherapy / Cultural Representation

Eligibility

UG, PG Students & Professionals

Description of Activity

Objective

Teams represent countries or global themes showcasing cultural diversity and unity.

Team/Individual

Institute team of 10–20

Rules & Format

8–10 min performance, costumes, placards, props allowed

Judging Criteria

Theme relevance, presentation, creativity, professionalism



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Flash Mob Challenge

Physiotherapy Public Awareness

Eligibility

UG, PG Students

Description of Activity

Objective

Public performance raising physiotherapy awareness in common areas.

Team/Individual

Group of 10–25

Rules & Format

5–7 min duration, performed in approved public area, music/props allowed

Judging Criteria

Impact, coordination, professionalism, crowd engagement



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Physio Slam

Eligibility

UG, PG physiotherapy students

Description of Activity

Objective

Creative speaking event where participants present self-composed physiotherapy-related experiences or concepts, showcasing originality and insight.

Team/Individual

Team of 2–4

Rules & Format

Original, self-composed English content on physiotherapy, 3–4 mins per team

Judging Criteria

Creativity, Clarity, Relevance, Confidence, Delivery



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Extempore

Role of Physiotherapy

Eligibility

UG, PG Students

Description of Activity

Objective

Tests spontaneity and subject knowledge through an impromptu speaking event.

Team/Individual

Individual

Rules & Format

Topic given on spot, 2 mins prep + 3 mins speaking, no external aids

Judging Criteria

Content Accuracy, Coherence, Fluency, Confidence



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Ad-Made Show

Healthcare Awareness / Physiotherapy Promotion

Eligibility

UG, PG Students

Description of Activity

Objective

Teams create short skits or advertisements promoting physiotherapy awareness or healthcare campaigns.

Team/Individual

3–6 participants

Rules & Format

4–6 min duration, props allowed (self-arranged), content must be appropriate

Judging Criteria

Creativity, Clarity, Impact, Teamwork



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Youth Parliament

Health Policies & Physiotherapy Rights

Eligibility

UG, PG Students

Description of Activity

Objective

Simulation of parliamentary sessions to discuss physiotherapy policies and rights.

Team/Individual

6–10 participants

Rules & Format

15–20 mins, each member must speak, maintain parliamentary etiquette

Judging Criteria

Relevance, Articulation, Decorum, Teamwork



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Think Tank (Idea Pitching)

Innovation in Physiotherapy

Eligibility

UG, PG students & early professionals (≤ 5 years)

Description of Activity

Objective

Teams pitch innovative ideas or solutions to improve physiotherapy practice, education, or technology.

Team/Individual

Team of 2–4

Rules & Format

Submit abstract (250 words), 5 min pitch + 2 min Q&A, use PPT/poster

Judging Criteria

Innovation, Feasibility, Clarity, Presentation



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PhysioFit Challenge

Eligibility

UG, PG students & professionals

Description of Activity

Objective

A physical fitness event testing strength, endurance, and balance among physiotherapists.

Team/Individual

Individual

Rules & Format

Fitness tests (planks, squats, push-ups, balance, endurance), gender-wise categories

Judging Criteria

Performance Consistency, Stamina, Safety, Form



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Online Reel Competition

Fitness for All / Physiotherapy Awareness

Eligibility

UG, PG students

Description of Activity

Objective

Create short digital videos to raise awareness on physiotherapy, fitness, or health tips.

Team/Individual

Individual/Duo

Rules & Format

30–90 sec reel, original content only, submit before deadline

Judging Criteria

Creativity, Clarity, Engagement, Originality



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